

# CYBERSECURITY PRECAUTIONS & VERIFICATION

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### **CYBERSECURITY PRECAUTIONS & VERIFICATION**



Cybersecurity continues to be a challenge and a priority for broadcast engineers. Proper cybersecurity precautions must be implemented to protect the IP dependent broadcast plant from cyber threats. Threats are constantly evolving, and cybersecurity precautions implemented must evolve as well. Proactive precautions must be in place and must be verified before any unknown gaps are exploited by the cyber-criminal. This presentation will provide practical to-do cybersecurity precaution steps and techniques to verify precautions thought to be in place are effectively implemented.

### **Outline:**

- Cyber Threat Introduction
- Cybersecurity Principals & Standards
- Cybersecurity Mitigations Steps
- Closing Thoughts & Resources

### Presentation goal:

*Provide a understanding of cybersecurity basics in the broadcast station for the management and the engineers.* 

*Provide practical and understandable implementation steps.* 

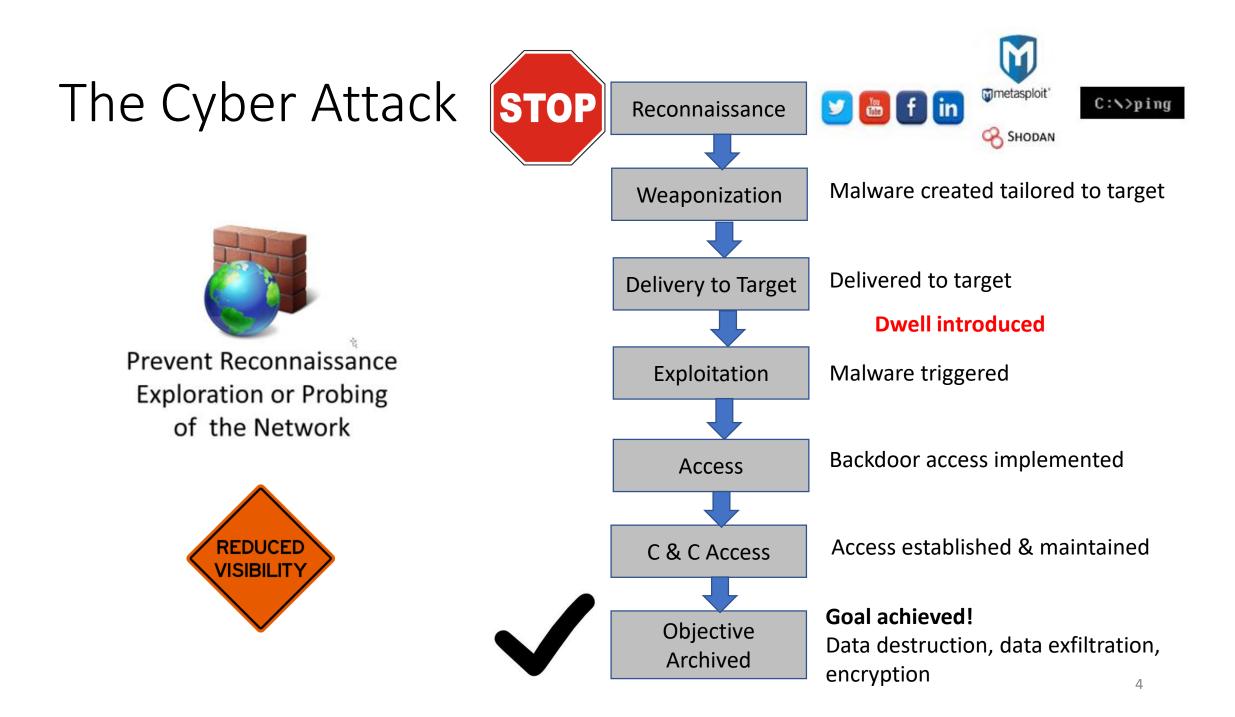
### Cyber threats are alive & well

- Attack focus broadcast IP infrastructure:
  - System tampering
  - System access
  - Information destruction
  - Information extortion
  - Operations disruption
- What are the threats:



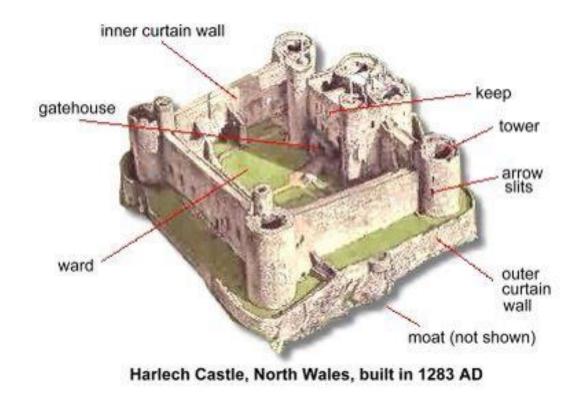
- Malware infection (virus, spyware)
- Denial of Service (DDoS)
- Who is the Threat Actor?
  - Hacktivist
  - Criminal
  - Corporate Espionage
  - Terrorist
  - Cyber Warfare





# Key Cybersecurity Principles

- Defense-in-Depth
  - Strategy to deploy multiple security barriers
- Least Privilege
  - Concept of granting minimum access to resources
- CIA Triad
  - Core objective of IT security:
    - Confidentially
    - Integrity
    - Availability
- NIST Framework
  - Structured best practices
  - Industry baseline



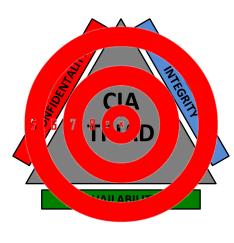
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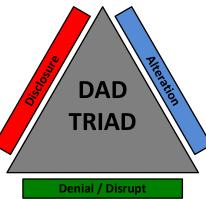
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### NIST Framework

- Structured best practices
- Industry baseline

Function	Category		Subcategory
	Data Security (PR. Information and records managed consistent w organization's risk stra protect the confident integrity, and availab information.	(data) are with the ategy to tiality,	<b>PR.DS-1:</b> Data-at-rest is protected
			<b>PR.DS-2:</b> Data-in-transit is protected
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#### SC-8 TRANSMISSION CONFIDENTIALITY AND INTEGRITY

<u>Control</u>: The information system protects the [*Selection (one or more): confidentiality; integrity*] of transmitted information.

<u>Supplemental Guidance</u>: This control applies to both internal and external networks and all types of information system components from which information can be transmitted (e.g., servers, mobile

#### Control Enhancements:

(1) TRANSMISSION CONFIDENTIALITY AND INTEGRITY | CRYPTOGRAPHIC OR ALTERNATE PHYSICAL PROTECTION

The information system implements cryptographic mechanisms o [Selection (one or more): prevent unauthorized disclosure of information; detect changes to information] during transmission unless otherwise protected by [Assignment: organization-defined alternative physical safeguards].

<u>Supplemental Guidance</u>: Encrypting information for transmission protects information from unauthorized disclosure and modification. Cryptographic mechanisms implemented to protect information integrity include, for example, cryptographic hash functions which have common application in digital signatures, checksums, and message authentication codes. Alternative physical security safeguards include, for example, protected distribution systems. Related control: SC-13.

# Adopt a Heightened Cybersecurity Posture

- Minimize Attack Surface
  - Reduce risk of an attack
- Monitor & Protect Network
  - Detect cyber attack
- Develop & Exercise Incident Response Plan
  - Be prepared to respond to a cyber event
- Insure Operational Resilience
  - Backups / Redundancy

### www.cisa.gov/shields-up

### Minimize Attack Surface Harden Infrastructure

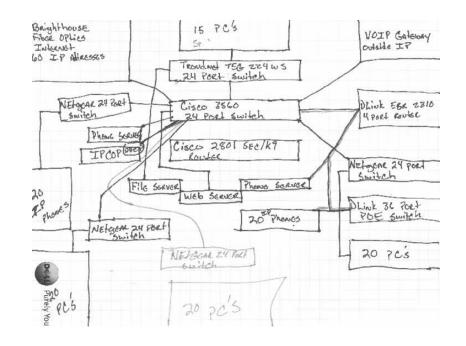
- Adopt cyber hygiene practices:
  - Maintain software / patch updates
  - Maintain regular vulnerability scans
  - Maintain antivirus software
  - Maintain spam filtering
  - Harden systems remove unnecessary accounts, services & software
  - Implement MFA (multi-factor authentication)
  - Insure defaults logins are changed enforce "strong" password policies

#### www.cisa.gov/shields-technical-guidance

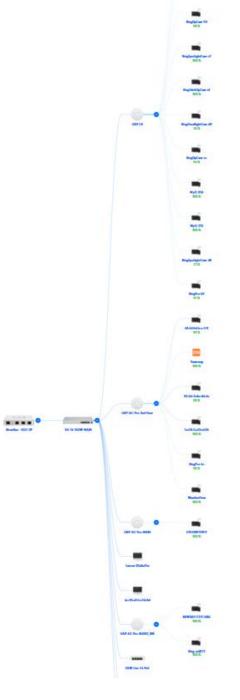


### Inventory

- Network architecture
- Physical security
- Ethernet switch port security
- Packet filtering / encryption
- Application focused
- Harden host devices
- Monitor
- Have a restoration plan
- Verification

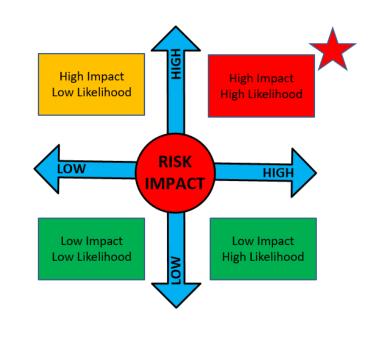


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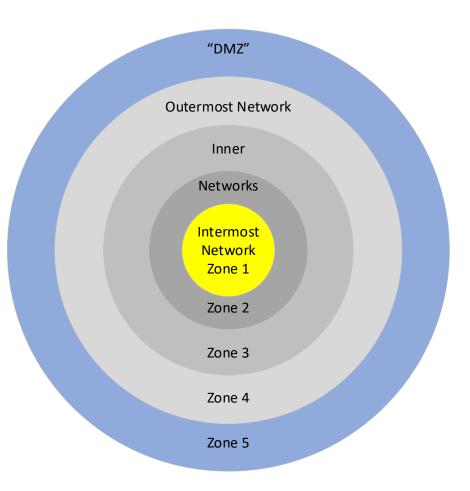
CISA Known Exploited Vulnerabilities Catalog



Inventory

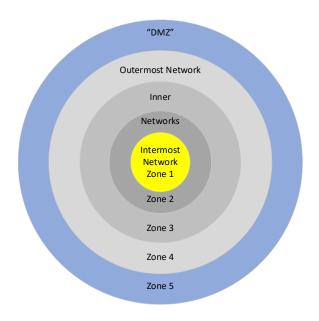
### • Network architecture

- Physical security
- Ethernet switch port security
- Packet filtering / encryption
- Application focused
- Harden host devices
- Monitor
- Have a restoration plan
- Verification

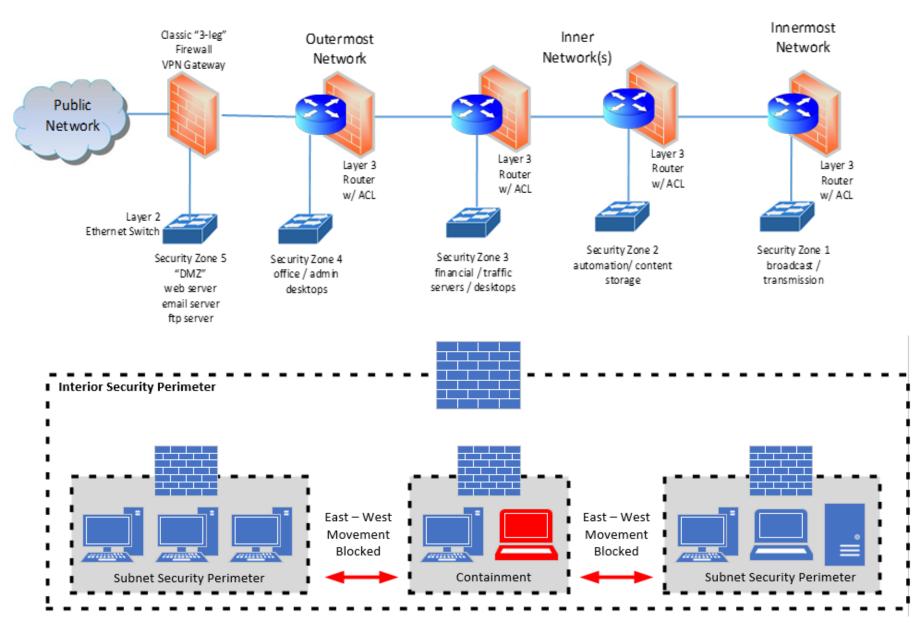


### The Segmented Network

- Design architecture that divides a network into smaller, unique, compartmentalized sub-networks.
- Advantages: (CompTIA)
  - Reduces the attack plane.
  - Reduces the compliance scope requirements related to auditing.
  - Limit impact of a cyber attack due to smaller attack surface.
  - Improves network access control.
  - Allows enhanced network monitoring, network access and network devices.
  - Improves protection of endpoint devices (specific to IoT devices)
  - Improves network performance due to network traffic containment/reduction.



#### Layered, segmented, hierarchical network



- Inventory
- Network architecture
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- Protection of IT assets from loss or damage by deterring unauthorized access
- Framework focus:
  - Monitoring (surveillance)
  - Access controlled environment
  - Audit logging
- Defend against:
  - Intentional damage/sabotage
  - Human error



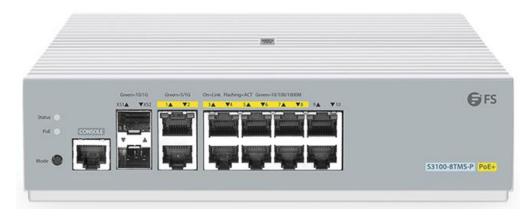


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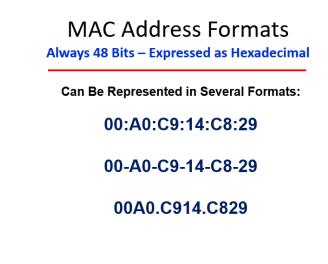


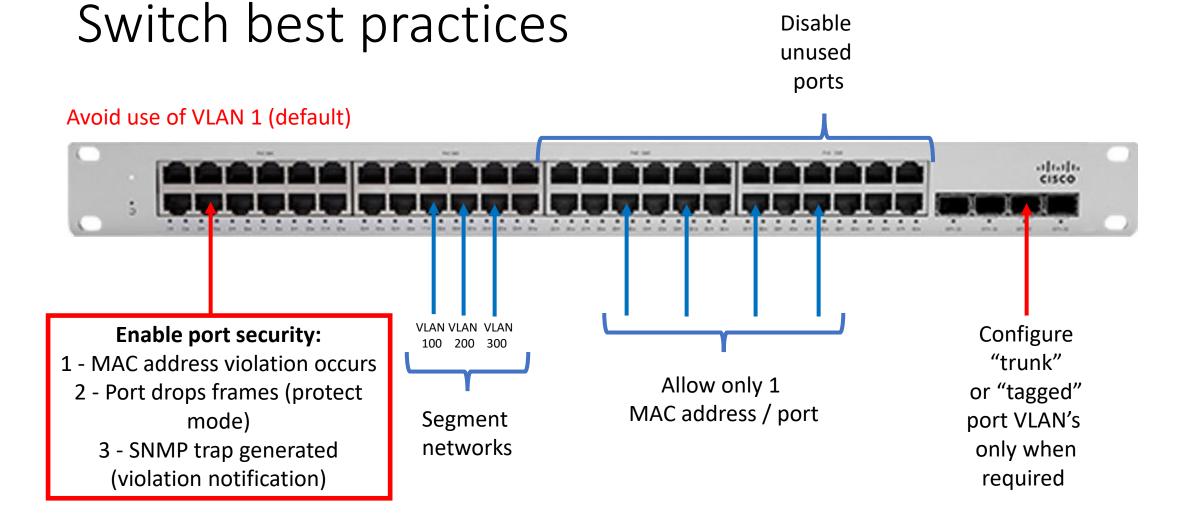
### Ethernet switch security

- Common Ethernet switch exploits:
  - Bridge table flooding
  - MAC address spoofing
- Mitigation:
  - Port Security
  - Snooping detection / prevention
  - Flooding protection



Switch	u#show mac-address- Mac Address Ta		
Vlan 	Mac Address	Туре	Ports
1	0006.2ac1.2886	DYNAMIC	Fa0/1
1	0009.7cdc.1420	DYNAMIC	Fa0/3
1	0060.7052.2182	DYNAMIC	Fa0/4
1	0090.2b27.d6c7	DYNAMIC	Fa0/2
Switch	L#		





- Inventory
- Network architecture
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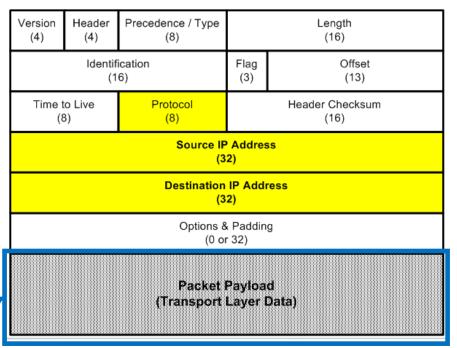
# Packet Filtering

- Packet header decoded
- Decision based upon pre-defined rule **Permit or Deny** (Block)
- Header info considered:
  - IP Address (source & destination)
  - Protocol
  - Port (source & destination)
- Applied to Ingress and/or Egress interface(s)
- ACL packet filtering:
  - Stateless Packet Filtering fixed rule based
- Firewall packet filtering:
  - Stateless Packet Filtering fixed rule based
  - Stateful Packet Filtering Flow or conversation based



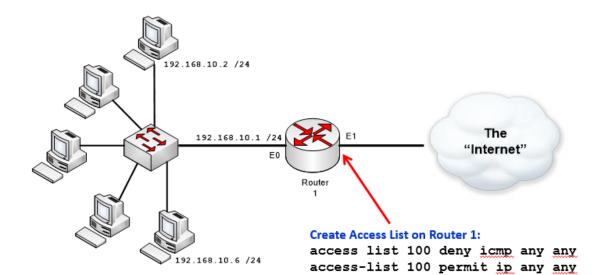


### **IPv4 Packet Header**

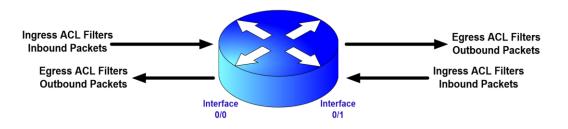


### Access Control List

- Provides "Basic" Network Access Control
- Filter IP Network Packets:
  - Forwarded @ Egress Interface
  - Blocked @ Ingress Interface
- Standard Access List:
  - Can Only Permit or Deny The Source Host IP Address
- Extended Access List:
  - Can Permit or Deny Based Upon:
    - Source IP Address
    - Destination IP Address
    - TCP Port #
    - UDP Port #
    - TCP/IP Protocol

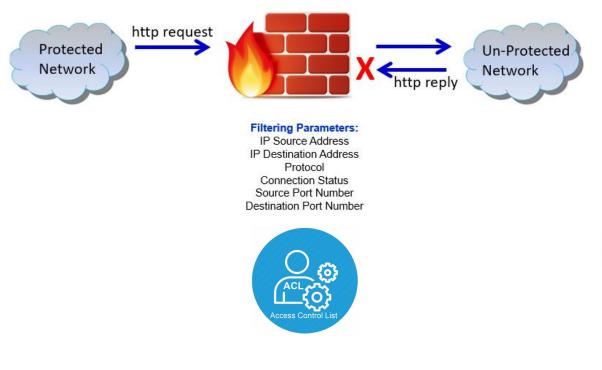


#### Apply Access List to Interface: interface ethernet1 ip access-group 100 in



### The Firewall

### **Stateless Firewall**

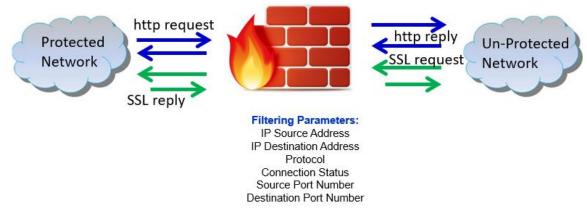


#### "State":

A dynamic rule created by the firewall based upon a host-host source destination addressport combination

### **Stateful** Firewall

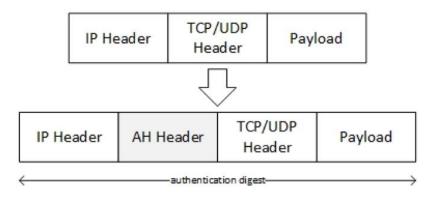
Aware of connections between protected network host & un-protected host. Maintains connection "state table" to implement security policy



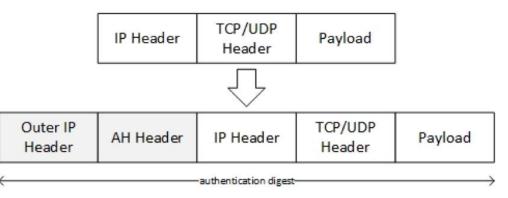
### Internet Protocol Security "IPSec"



#### Authentication Header in Transport Mode



#### Authentication Header in Tunnel Mode



### • IP Security "IPsec"

- End-to-End Scheme to Encrypt Communications
- Layer 3 Implementation
- Modes:
  - Transport (Host-to-Host Payload) Implementation
  - Tunnel Implementation (VPN Packet Encapsulation)

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# Application focused security:

- Layer 7 is closest to the user potentially most vulnerable popular attack vector!
- Layer 7 attacks targets applications:
  - Distribution Denial of Service "DDoS" (SYN flood, HTTP flood, )
  - Web related (http GET, POST)
  - SQL injection
  - Cross-Site Scripting (XSS)
- Mitigating:
  - Deploy active network monitoring, alerting, rate limiting, filtering & redundancy
  - Proper application design (validate input data, least privilege access)
  - Use Hypertext Transfer Protocol Secure "https"
  - Captcha test, Multifactor Authentication (MFA), Passkey



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# Securing the Host Devices

- Hardening is a process to reduce the attack surface of a host device operating system
- Implementation activities typically include:
  - Change default passwords implement strong password management
  - Remove / disable un-used applications / services (de-bloating)
  - Remove / disable unencrypted remote services (IE Telnet, FTP)
  - Restrict physical access (console, aux, tty ports)
  - Use secure services (SNMPv3, SFTP, FTPS, SSH)
  - Control remote access (ACL)
  - Delete un-used / stale accounts
  - Backup configurations store offline
  - Keeping updates & patches up-to-date
  - Closing network "back doors"















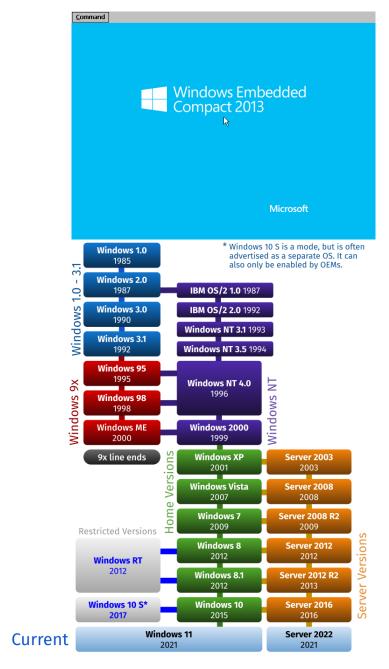






# Windows Op System (10/11)

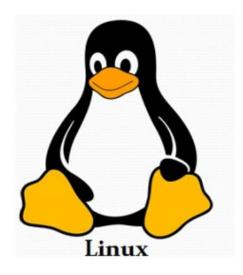
- Separate user and admin account(s) non admin user accounts
- Obfuscate local admin account (rename)
- Disable "guest" account(s)
- Disable LAN Manager
- Use "strong" password management
- Utilize data encryption (BitLocker)
- Create a system Restore Point
- Insure "drivers" are up-to-date
- Insure "bundled" applications are up-to-date OR remove
- Remove / disable "un-needed" services
- Utilize "domain controller" to administer multiple hosts w/ extreme caution



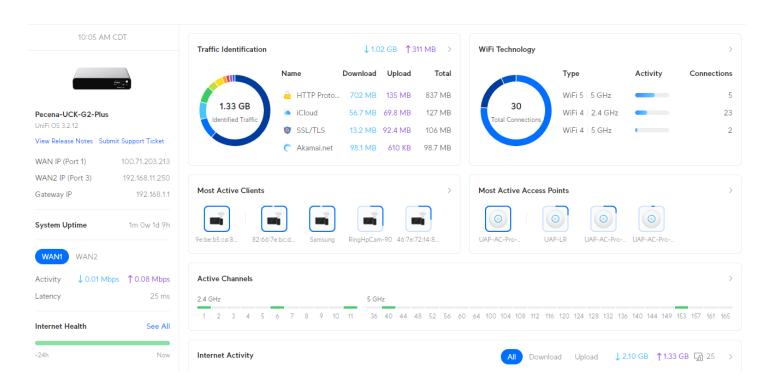
# Linux Op System

- Password protect the host BIOS
- Enable disk encryption
- Lock boot directory (read-only)
- Implement Brute Force Detection (BFD) Lock accounts after x failed login attempts (3-5)
- Disable USB storage
- Maintain system (kernel) updates & patches
- Disable / remove any un-used services (ie telnet, tftp, etc)
- Check for open ports (pen test)
- Secure SSH (change port, disable root login)
- Utilize SELinux (Security Enhanced Linux)
- Disable network parameters:
  - IP Forwarding
  - ICMP Re-Directs
  - Send Packet Re-Directs
- Set a "strong" password hashing algorithm (SHA512)
- Insure permissions are valid





- Inventory
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### Monitor

- Monitor IT systems Know what is normal
  - Know when an abnormality occurs
  - Know when performance changes
- What to monitor:
  - Network infrastructure (avail & utilization)
  - Servers (memory & processor utilization)
  - Storage system (capacity & activity)
  - Application availability & performance (APM)
  - Service availability (premise & cloud)
  - User activity
- Alerting:
  - Urgency levels error aggregation
  - Email, SMS

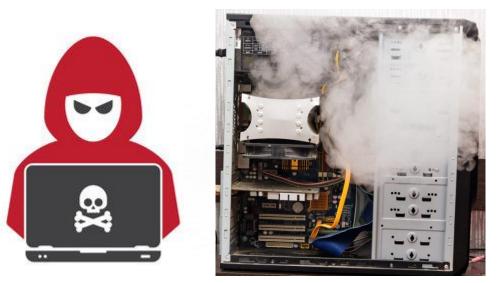


- Inventory
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### **Restoration Plan**

- Respond & Recover, with a recovery plan:
  - Cyber event
  - Human error or natural disaster
- Incident Response Plan (NIST):
  - Preparation
  - Detection & analysis
  - Containment, eradication and recovery
  - Post-event activity
- Recovery plan:
  - Fault tolerant & redundant hardware
  - Redundant network infrastructure
  - Maintain data backups



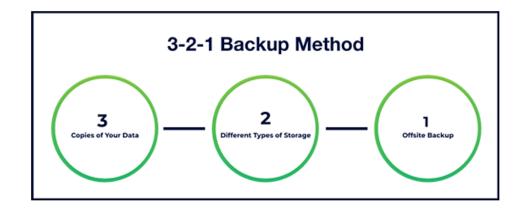


https://nvlpubs.nist.gov/nistpubs/specialpublications/nist.sp.800-61r2.pdf

### Data Backup Practices

- Provides the "best" defense, but last resort
- Backup "best practices":
  - Match backup practices to your business workflow:
    - Full dataset
    - Incremental / Differential dataset
    - Image backup (data block)
    - Recovery point objective (RPO) / Recovery time objective (RTO)
  - Use "intelligent" backup solutions isolate backups:
    - Mount target drive when required
    - Use "immutable" storage "WORM"
    - Use caution when "mounting" drives set to RO after write
  - Keep multiple copies at multiple locations "3-2-1" rule
- Restoration:
  - Recovery plan know how to restore
  - Know the restoration priority dependencies of backups
  - Know the restoration time required (RTO)
  - TEST, TEST, TEST restoration insure you can restore!
  - Data backups & data retention is not the same!





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# Verification with Penetration Testing

All

- Penetration Testing (pen test or pen testing):
  - Evaluates cybersecurity validity & effectiveness
  - Is a key component of security audit
  - Is a simulated (controlled) cyberattack
- Test Scope:
  - Physical security
  - Network infrastructure
  - Software applications
  - Mobile device (BYOD)
  - WiFi, remote access, VPN
- Test categories:
  - Port scanning
  - Traffic analysis
  - Proxy interception
  - Password crack
  - Vulnerability scanning
- Important Note Vulnerability scanning & penetration testing are not the same!



### Tools of the Threat Actor & Penetration Tester Most Popular

- Nmap (port scanner)
  - Kali Linux (suite of tools including Metraploit)
- Burp Suite (MitM proxy)
- Wireshark (network traffic analyzer)
- John the Ripper (password cracker)
- Hashcat (password cracker)
- Invicti (application vulnerability assessment)





**Online Tools:** 







### nmap

### Uses of nmap includes:

- Create network host map
- Network host discovery
- Determine the host OP system & version
- Determine open ports/active services & version
- Security audit & vulnerability assessment
- Over 125 commands:
  - Scan Single Host
  - Scan Multiple Hosts
  - Scan Range of IP Addresses
  - Scan a Subnet
  - Perform an Aggressive Scan
  - Firewall Evasion Techniques
  - Discovery Attempt: No Ping
  - Discovery Attempt: Ping Only
  - Discovery Attempt: Host OS

Digital Alert Systems USUS Construction Substruction Status Printing Active Construction Status Printing Active Construction Status Printing IP: 192. 168. 0, 200 11: 54: 19 19 Mays, 21	DASDEC III
Completed AKP Fing Scan at 10:29, 0.055 elapsed Initiating Parallel DNS resolution of 1 host. at Completed Parallel DNS resolution of 1 host. at Initiating SYN Stealth Scan at 10:29 Scanning dasdec-ty-ebs106ddd.kamu.tamu.edu (128. Discovered open port 80/tcp on 128.194.247.138 Discovered open port 443/tcp on 128.194.247. Discovered open port 22/tcp on 128.194.247. Discovered open port 631/tcp on 128.194.247.247.247.247.247.247.247.247.247.24	10:29 10:29, 0.00s elapsed 194.247.138) [1000 ports] <b>138</b> <b>Registered Ports:</b> <b>80</b> - HTTP <b>138</b> <b>443</b> - HTTPS <b>138</b> <b>22</b> - SSH <b>138</b> <b>631</b> - IPP elapsed (1000 total ports) mu.edu (128.194.247.138)
<u>אסנ אוטאוו: אסט דוונפויפט אסוינצי (monest concerted a</u> PORT STATE SERVICE VERSION	
22/tcp         open         ssh         OpenSSH 6.9 (protocol           ssh-hostkey:         1024 b7:24:25:72:89:f1:d3:8b:5a:82:44:0b:8           2048 e4:96:eb:de:a0:b5:65:b5:30:ab:aa:57:f           256 e2:54:4a:21:b2:66:c0:b6:46:ec:17:7b:ae           80/tcp         open           http         Apache	6:58:89:4c (DSA) 5:09:5e:f8 (RSA) :1e:f3:63 (ECDSA)
<pre>http-methods: http-methods: Supported Methods: GET HEAD POST OPTIONS T Potentially risky methods: TRACE http-robots.txt: 1 disallowed entry // http-server-header: Apache/2.2.26-31 (Unix) _http-title: ******The Digital Alert Systems</pre>	RACE

### What is SHODAN?

- Shodan is a "search engine"
  - A unique search engine discovers IP host devices
  - Scans public Internet for IP devices with open ports (port=service availability)
  - Captures detail information when an open port is found
  - Compiles gathered information into a database available for query
- Useful for:
  - A quick view of Internet facing visibility **4**
  - Initial step to map an organizations network "network reconnaissance"
  - Exploring specific host device types
  - Subscription levels offer continuous visibility monitoring services
- What can be found:
  - Webcams & Security Cameras, Servers, Ethernet switches & routers, Firewalls, VoIP desk sets, IoT devices (thermostats, lights, appliances, etc), Industrial control systems (SCADA, PLC, etc), IP enable broadcast equipment













# SHODAN

### https://www.shodan.io

SHODAN Explore	HOME CONFIGURATION	STATUS	DEFAULTS UPD/	ATE REBOOT	Exs	streamer 500 N	IAC: 00:08:E1:0	4:78:42 FW V03.15
	STREAMING CI	IENT						BARIX THE VOICE OF SIMPLICITY
TOTAL RESULTS 1,474 TOP COUNTRIES	ABC DEF	Player Stream Title	Status PLAYING		Channel 1 244.80.106:10 CME STL	Shuffle	Repeat	Help Status page Overview of the status of the unit. Player
United States	GHI JILL MNO 4 5 6 POR STU VVX 7 8 9 ¥2 ★ 0	Audio Output	Bitrate Buffer Volume Peak Left Peak Right	128 kbps 65532 B 80 % -69 dB				Status - IDLE: No audio stream is received. - BUFFERING: Audio stream is requested from the source, internal buffer is filled. - PLAYING: Audio stream is received from the source and
Israel Brazil Germany Argentina More	PLIST BONG VOL BONG	Control Outputs	1 2	3 4	5	6 7	8	Played back. - PRIORITY: Audio stream on the priority port is received and played back. - STAND-BY: Unit is in stand-by mode, network activity is reduced to minimum, no audio stream is received.
TOP PORTS 161 8081 80	SHUFFLE REPEAT WAKEUP							Source Current streaming source: URL1, URL2 or URL3. Channel Currently selected channel number.
8083 4444	BARIX							Shuffle Play a playlist in a random order. = Off = On Repeat

~

# Mitigation Step Summary:

- Inventory of IT assets prioritize based on risk
- Start with a segmented network architecture
- Secure physical network & IT components
- Utilize Ethernet switch security capabilities
- Utilize packet filtering (ACL / firewall) & encryption to control access
- Utilize <u>application</u> security
- <u>Harden</u> host devices
- <u>Monitor</u> infrastructure known when something is not right
- Have a <u>restoration plan</u> know <u>how</u> to restore
- <u>Verify</u> cybersecurity protections

SU	MM/	RY
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# Closing thoughts:

- Accept Their is NO SINGLE Solution! Implement multiple protections through "DiD"
- Know what you need to protect **IT inventory and access risk**
- Segment your network (VLAN) reduce attack surface & east-west movement enhance performance
- Utilize Ethernet switch port security features
- Change default login credentials Use unique & strong passwords (paraphrases)
- Separate Admin & User accounts on hosts (WIN)
- Limit access (users & applications) apply principal of "least privilege"
- Control access use packet filtering (ACL and/or firewall) deny by default SSH & MFA
- **Disable / minimize** services not required close/block ports **minimize** macros / RDP use
- Monitor you IT infrastructure / network review logs know what is normal
- Use "intelligent" host backup solutions test backup restoration follow "3-2-1" rule
- Keep systems updated / patched use KEV to guide priorities
- Utilize signature based deep-packet inspection antivirus/malware keep updated (often daily)
- Perform routine vulnerability scans and periodic visibility assessment through pen testing
- Don't overlook social engineering engage & educate users phishing is alive and effective!



### A single successful Social Engineering "phishing" attempt can instantly negate your efforts!

# Social Engineering

- Has become a successful technique:
  - System exploits have become more difficult
  - Now easier to exploit human weakness
- Use of deception to obtain information or convince to install malware:
  - Prey upon human "willingness to be helpful"
  - Persuasive tactics
  - Psychological manipulation
- Tactics based upon principals of influence: (Robert Cialdini behavioral psychologist)
  - Reciprocity
  - Commitment
  - Social Proof
  - Authority
  - Liking
  - Scarcity
- Popular tactics:
  - Phishing (everyone wide audience appeal)
  - Spear phishing (specific target audience individual, group, organization)
  - Whaling (c suite focused audience "executive" phishing)
  - Smishing / vishing (SMS & VM based)



#### COMMON "IN THE WILD" ATTACKS

- Sequipment and Software Update
- e Mail Notification: You have 5 Encrypted Messages
- 🛯 🖉 Amazon: Amazon delayed shipping
- Soogle: Password Expiration Notice
- Section required: Your payment was declined
- Section 2013 Wells Fargo: Transfer Completed
- SocuSign: Please review and sign your document
- IT: IT Satisfaction Survey

knowbe4

.....

Ongoing user training to understand and recognize social engineering tactics is the best defense.

CISA.gov

### Social Engineering **Constant** Red Flags

### FROM

- I don't recognize the sender's email address as someone I ordinarily communicate with.
- This email is from someone outside my organization and it's not related to my job responsibilities.
- This email was sent from someone inside the organization or from a customer, vendor, or partner and is very unusual or out of character.
- Is the sender's email address from a **suspicious domain** (like micorsoft-support.com)?
- I don't know the sender personally and they were not vouched for by someone I trust.
- I don't have a business relationship nor any past communications with the sender.
- This is an unexpected or unusual email with an embedded hyperlink or an attachment from someone I haven't communicated with recently.

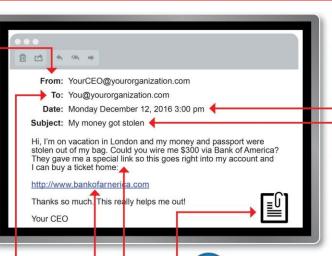


- I was cc'd on an email sent to one or more people, but I don't personally know the other people it was sent to.
- I received an email that was also sent to an **unusual mix of people**. For instance, it might be sent to a random group of people at my organization whose last names start with the same letter, or a whole list of unrelated addresses.



- I hover my mouse over a hyperlink that's displayed in the email message, but the **link-to address is for a different website**. (This is a **big** red flag.)
- I received an email that only has long hyperlinks with no further information, and the rest of the email is completely blank.
- I received an email with a hyperlink that is a misspelling of a known web site. For instance, www.bankofarnerica.com — the "m" is really two characters — "r" and "n."

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#### DATE

 Did I receive an email that I normally would get during regular business hours, but it was sent at an unusual time like 3 a.m.?

### SUBJECT

- Did I get an email with a subject line that is irrelevant or does not match the message content?
- Is the email message a reply to something I never sent or requested?

### **ATTACHMENTS**

- The sender included an email attachment that I was not expecting or that makes no sense in relation to the email message. (This sender doesn't ordinarily send me this type of attachment.)
- I see an attachment with a possibly **dangerous file type**. The only file type that is **always safe to click on is a .txt** file.



- Is the sender asking me to click on a link or open an attachment to **avoid a negative consequence** or to **gain something of value**?
- Is the email out of the ordinary, or does it have bad grammar or spelling errors?
- Is the sender asking me to click a link or open up an attachment that seems odd or illogical?
- Do I have an **uncomfortable gut feeling** about the sender's request to open an attachment or click a link?
- Is the email asking me to look at a compromising or embarrassing picture of myself or someone I know?

### https://blog.knowbe4.com/red-flags-warn-of-social-engineering

# Cybersecurity Resources

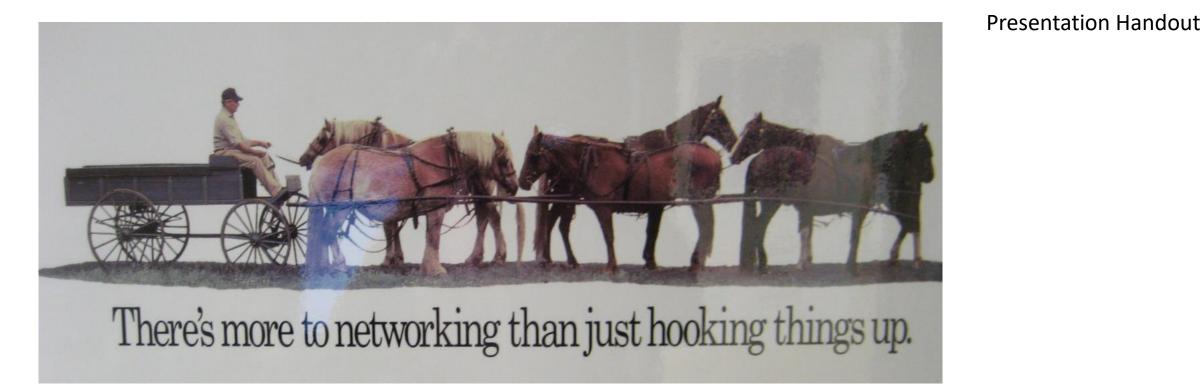
- CISA "Shields-Up" Program:
  - www.cisa.gov/shields-up
- CISA Known Exploited Vulnerabilities "KEV" Catalog:
  - www.cisa.gov/known-exploited-vulnerabilities-catalog
- NIST Cybersecurity Framework:
  - www.nist.gov/cyberframework/framework
- NIST Incident Response:
  - <u>nvlpubs.nist.gov/nistpubs/specialpublications/nist.sp.800-61r2.pdf</u>
- nmap:
  - <u>nmap.org</u>
- Metasploit:
  - <u>www.metasploit.com</u>
- Shodan:
  - www.shodan.io
- IT Asset Inventory Manager:
  - www.spiceworks.com/
- Monitoring (open-source):
  - www.zabbix.com/
  - www.paessler.com/
- Phishing Training Resource:
  - www.knowbe4.com







### Questions & Discussion



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